

Major Food Allergens

- 1) **Milk**
- 2) **Egg**
- 3) **Fish** (such as bass, flounder, cod, and including crustacean shellfish such as crab, lobster, or shrimp)
- 4) **Tree nuts** (such as almonds, pecans, or walnuts),
- 5) **Wheat**
- 6) **Peanuts**
- 7) **Soybeans**
- 8) A food ingredient that contains protein derived from a food listed in 1-7.

"Major food allergen" does not include: Any highly refined oil derived from a food as listed in 1-7 and any ingredient derived from such highly refined oil; or any ingredient that is exempt under the petition or notification process specified in the Food Allergen Labeling and Consumer Protection Act of 2004 (Public Law 108-282)